



Pharmacy

Prescription drugs play an important role in keeping you healthy.

United
Healthcare

Today's objectives



What is OptumRx?



How to find and use your Prescription Drug List (PDL)



How to fill your prescriptions



Digital tools



Advocate4Me support



What is OptumRx?

- OptumRx is your plan's pharmacy services manager, which is UnitedHealthcare's pharmacy service provider
- OptumRx may be included in your health plan benefits because it offers members coverage through a large network of retail chain and independent pharmacies
- Mail service pharmacy known as OptumRx Home Delivery and the Optum Specialty Pharmacy.



Watch the
video on
“Who is
OptumRx?”
to learn
more.



Understanding your Prescription Drug List (PDL)

The PDL is a list of your plan's covered medications. The medications are organized into cost tiers. Choosing medications in lower tiers may save you money. You can sign in to www.myuhc.com and look under your pharmacy and prescription coverage information to see your plan's PDL.

Cost tier	Includes	Helpful tips
\$ Tier 1 – Lowest cost	Lower-cost medications. Some brand-name medications.	In most cases, Tier 1 medications have the lowest cost. Consider generic options which may also help you save.
\$\$ Tier 2 – Mid-range cost	Mix of brand-name and generic medications.	Tier 2 drugs may cost less than Tier 3 drugs.
\$\$\$ Tier 3 – Highest cost	Highest-cost brand-name medications and some generic medications	Many Tier 3 medications have lower-cost options in Tiers 1 or 2. Ask your doctor if they could work for you.



Finding medications on UHC Pharmacy Benefits Page before you are enrolled.

<https://uhc.welcometouhc.com/pharmacy-benefits>

- Copy/Paste link above into your browser
- Click on “**Search the Access 3-Tier PDL**”

- Type in the name of the drug you want to look up
- Drug information will appear on next screen

- Tier 1, 2 or 3 refers to the co-pay you will pay after meeting your medical deductible

Learn about covered medications

UnitedHealthcare Prescription Drug List (PDL)

The PDL includes most brand and generic prescription medications approved by the U.S. Food and Drug Administration (FDA). Medications are placed in "tiers" based on our conclusions about their overall value. Tier 1 is the lowest-cost tier option. When selecting a medication, you and your doctor should use the PDL to see if a Tier 1 (lowest cost) option is right for you.

Please see your health plan benefit details to learn which PDL you should use to search for covered medications.

- 1 Search the Traditional 3-Tier PDL
- 1 Search the Traditional 4-Tier PDL
- 1 Search the Advantage 3-Tier PDL
- 1 Search the Advantage 4-Tier PDL
- 1 Search the Access 3-Tier PDL
- 1 Search the Access 4-Tier PDL
- 1 Search the Flex Advantage 3-Tier PDL
- 1 Search the Flex Advantage 4-Tier PDL
- 1 Search the Essential All States PDL

Drug Name	Therapeutic Class	Status Tier
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Search the list of FDA-approved drugs and coverage for each by entering a drug name below.

Last Update: July, 2021

Drug name

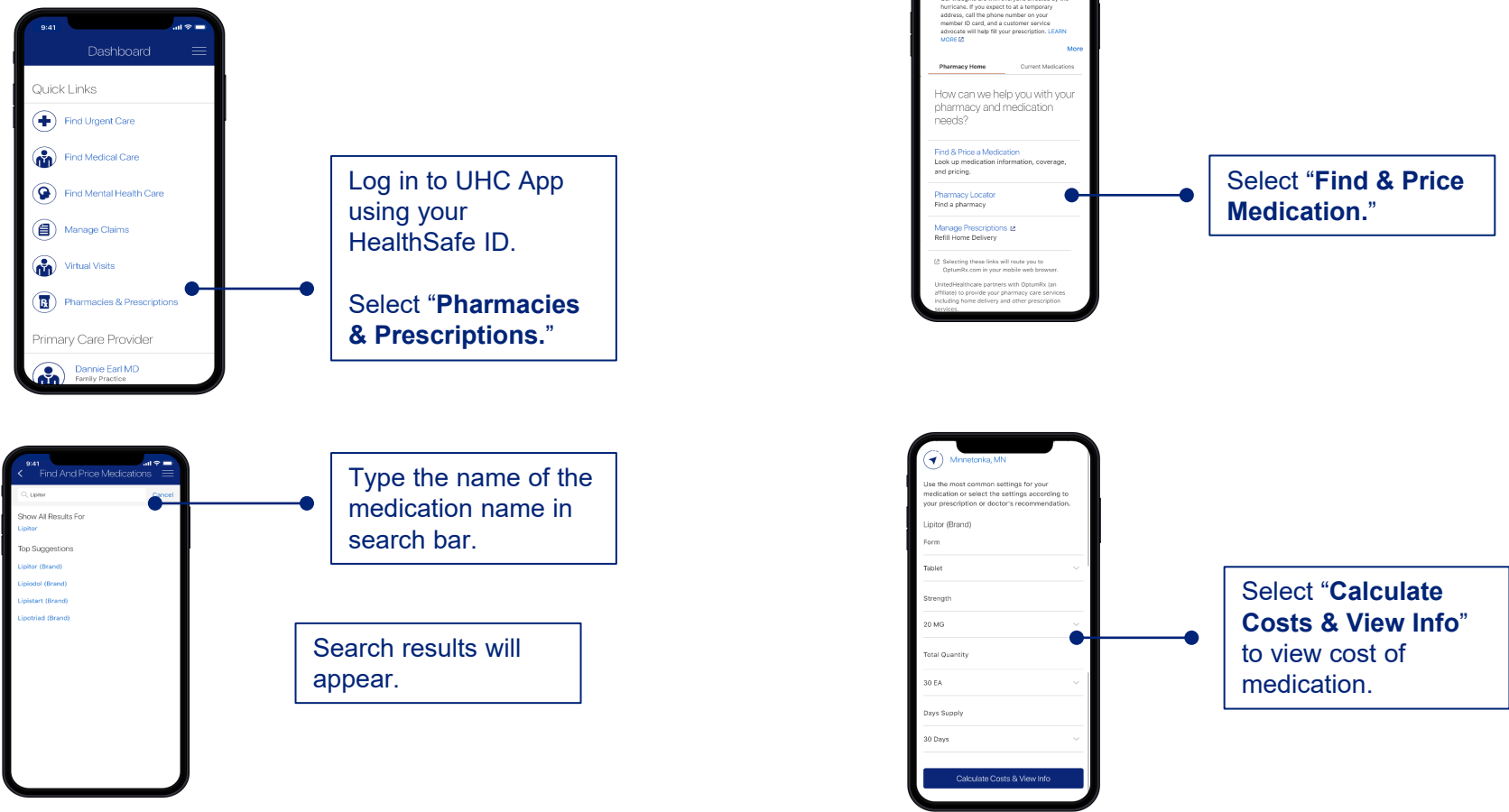
Example: Lipitor, Amoxicillin

Q

Brand and Generic		Filter by Coverage	
SUMATRIPTAN SUCCINATE TAB 25 MG	Dosage 25 MG Tablet	Coverage Tier 1	Restrictions Prior Authorization: No Step therapy: No
Generic			Coverage details
SUMATRIPTAN SUCCINATE TAB 50 MG	Dosage 50 MG Tablet	Coverage Tier 1	Restrictions Prior Authorization: No Step therapy: No
Generic			Coverage details
SUMATRIPTAN SUCCINATE TAB 100 MG	Dosage 100 MG Tablet	Coverage Tier 1	Restrictions Prior Authorization: No Step therapy: No
Generic			Coverage details



Pricing and finding medications on UHC App after you are enrolled.



How do you use the PDL?

Name of Medication

Tiers are the different cost levels you pay for a medication

Some medications are noted with letters next to them to help you see which ones may have coverage requirements or limits

Drug Name	Drug Tier	Requirements & Limits
JANUVIA	E	ST, QL
JARDIANCE	2	ST, QL
JENTADUETO	2	QL
JENTADUETO XR	2	QL
KAZANO	2	QL
KOMBIGLYZE XR	2	QL
metformin hcl er	1	
metformin hcl er (mod)	E	PA
metformin hcl er (osm)	E	PA
metformin hcl oral solution	3	
metformin hcl oral tablet	1	

- You and your doctor can consult the PDL to help you select the most prescription medications. The PDL guide tells you if a medication is generic or a brand-name, and if there are coverage requirements or limits.
- Bring the prescription drug list with you, or search for the medication on the UHC App, when you see your doctor.



Pharmacy clinical programs at a glance

E	Exclusions - When a medication doesn't offer additional health care value over its therapeutic equivalent alternatives, it is excluded or not covered from the pharmacy benefit.
H	Health Care Reform Preventive - These medications are part of a health care reform preventive benefit and may be available at no additional cost to you.
H-PA	Health Care Reform Preventive with Prior Authorization - May be part of health care reform preventive and available at no additional cost to you if prior authorization criteria is met.
PA	Prior Authorization (sometimes referred to as precertification) - Requires your doctor to provide information about why you are taking a medication to determine how it may be covered by your plan. This helps determine that the prescription is covered for the approved FDA indications for the medication based on the diagnosis.
QL	Quantity Limits - Specifies a limit on the amount of medication that can be covered per fill or over a time period, such as for one month.
ST	Step therapy - Requires you to try a lower-cost medication before a higher-cost medication is covered.



How to fill your prescriptions

Fill at a retail pharmacy

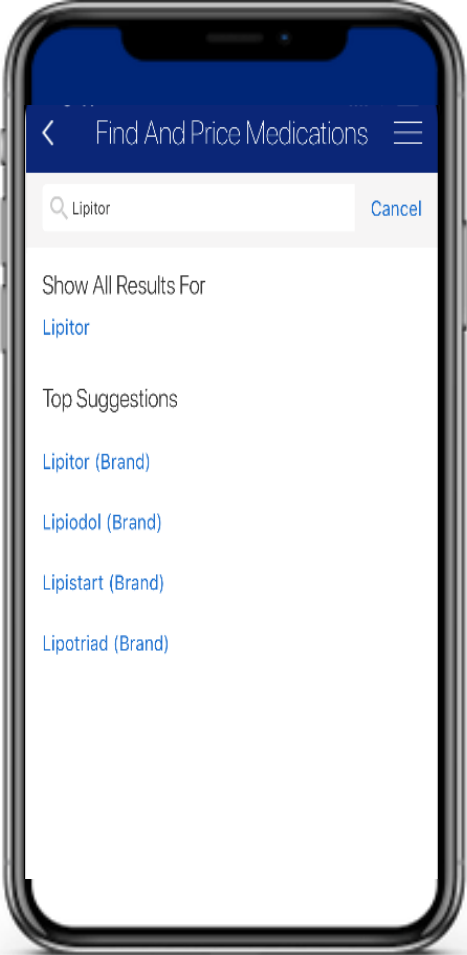
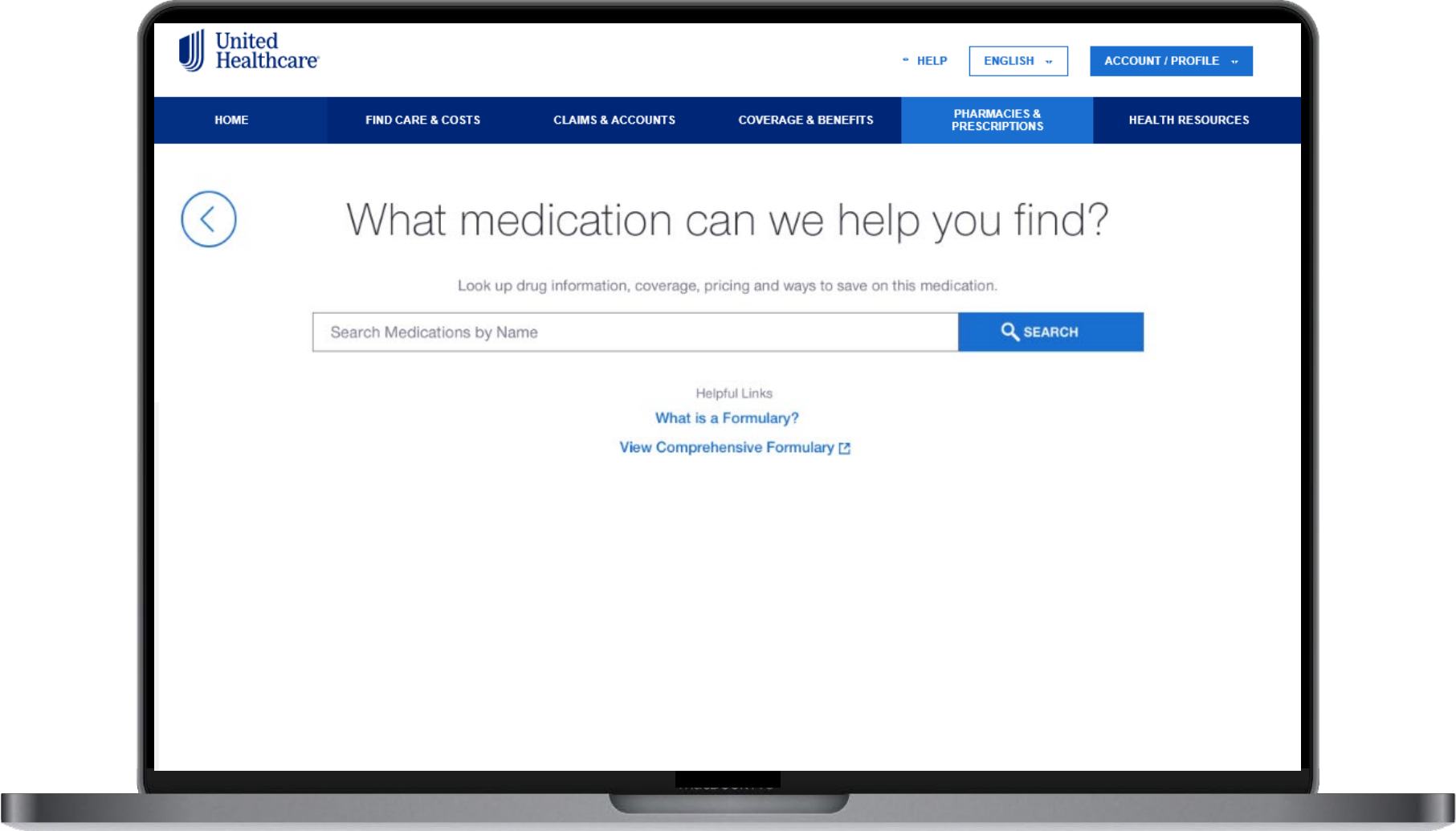
- Choosing a network pharmacy may help you save on costs. You can view list of pharmacies for your plan by signing in to your www.myuhc.com account.

Set up home delivery by mail

- If your prescription medication benefit includes home delivery, you can avoid monthly trips to the pharmacy and you may save money too. You may be able to order up to a 3-month supply of medication you regularly take
- You can enroll in just a few steps when you sign in to your www.myuhc.com account or call the number on your member ID card.



Find and Price a Medication



Specialty Medications

What is specialty medication?

An injected, infused, oral or inhaled medication is defined as specialty medication if it:

- May need ongoing clinical oversight and extra education
- Has unique storage or shipping needs
- May not be available at retail pharmacies
- May need infusion or home nursing

What services does the specialty pharmacy provide?

Optum Specialty Pharmacy supports you with a team of pharmacists and nurses who specialize in your condition — at no extra cost to you. You also have:

- Access to your medications at your plan's lowest cost
- 24/7 access to pharmacists
- Clinical and adherence programs
- Medication supplies at no extra cost
- Refill reminders
- Timely delivery in confidential packaging



**Working with your
pharmacist
or nurse**



**One-on-One
support**



**Quick and easy
refills**



Help is just a call away

Health plan questions?
We've got answers.

**Connect with our dedicated
customer care team by phone or online:**



Call the member number
on your health plan ID card.



Log in to myuhc.com®
and click on **Call or Chat**.



Tap into the UnitedHealthcare® app
for assistance when you're on the go.



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Thank you.